

North East England Health Summit: Inequalities-related Stress

28 June 2016, 10.00 – 15.00, CG83 Chemistry Department, Durham University

PURPOSE

To gather those in academia, policy, and practice either working on or concerned about inequalities-related life stress, in order to collaborate on putting knowledge into action.

AGENDA

9.00	REGISTRATION, REFRESHMENTS AND NETWORKING
9.30	Welcome from Fuse Prof Clare Bambra, Programme Lead, Fuse Health Inequalities Research Programme
9.35	Welcome from Event Chair and Aim of the Event Dr Emily Henderson, Lead, Stress, Health and Wellbeing Special Interest Group Fuse Lecturer and Research Fellow, Durham University
9.45	Opening address Gregor Henderson, National Lead, Mental Health & Wellbeing, Public Health England
10.00	Update on evidence
10.20	<ul style="list-style-type: none"> • Perinatal mental health and implications for the lifecourse Dr James Newham, Post-Doctoral Research Associate, Newcastle University
10.40	<ul style="list-style-type: none"> • Alcohol use as a coping mechanism for stress Dr Jo Cairns, Local Area Research and Intelligence Association • Health inequalities and austerity in Stockton-on-Tees: the everyday experiences of mothers Amy Greer-Murphy, PhD Student, Durham University
11.00	REFRESHMENTS AND NETWORKING
11.20	Hearing from local practice
11.40	<ul style="list-style-type: none"> • Smoking, the lifestyle choice that isn't Mr John Watson, Deputy Chief Executive, ASH Scotland
12.00	<ul style="list-style-type: none"> • Alcohol use as a coping mechanism for stress Mr Mark Joyce, Service Manager, Changing Lives • Looked-after young people's experiences of self-harm: Preliminary findings from a qualitative interview study Dr Ruth Wadman, Post-Doctoral Research Associate, Durham University
12.20	LUNCH AND NETWORKING
13.15	Stress-relieving activity Yvonne Hall, St Anthony's Priory, Durham
13.25	Keynote: Obesity, inequality and insecurity Professor Stanley Ulijaszek, Professor of Human Ecology and Director of the Unit for Biocultural Variation and Obesity, University of Oxford
14.05	Panel discussion: potential for collaborative work All speakers; Chair Phillip Edwards, Institute for Local Governance
14.50	Next Steps Dr Emily Henderson, Lead, Stress, Health and Wellbeing Special Interest Group Fuse Lecturer and Research Fellow, Durham University
15.00	CLOSE, REFRESHMENTS AND NETWORKING

